



What are the benefits of an internship ?

Nowadays, more and more young people want to work during their university studies. This tendency stems from the need to earn extra income, the need to accumulate knowledge in different fields or, moreover, the need to put into practice newly earned knowledge.

Internships offered by companies and NGOs are a good and efficient way to fix knowledge and to improve the CV.

Besides, internships can be seen as the opportunity to accumulate experience in the field of work which can increase the chances of finding a job. Students enrolled in an internship are privileged to take advantage of such an opportunity because they have the occasion to adapt to a pre-established working schedule, they get used to working in a team. They also interact with professionals in the field and benefit from trainings on different themes and subjects.

Along with all these advantages brought by an internship, young people accumulate experience and as a consequence they become more confident and better prepared for meeting an employer. At the same time, internships bring a lot of advantages for the employers, as they have the opportunity to discover human resources with true potential and unique value, whom they can shape according to their standards and employ as permanent staff.

The duration of an internship is of two or three months, during which you can specialize in the field you have chosen, you can develop the ability to work in a team and you can get used to taking responsibilities.

I may conclude by saying that internships are a benefit for young people and not only and many companies give them their chance to learn more and to gain professional and personal experience.

Personally, I consider this period of time as a unique opportunity to gain a real professional experience in the field of interest.